

## **Better Together Policy Forum**

Ageing Well in County Durham: How do we maximize the benefits of collaboration to promote ageing well and improve lives?

Friday 19<sup>TH</sup> April 2024 09.30-12.30 Bowburn Community Centre

## **AGENDA**

09.30	Registration, Refreshments, Networking	
10:00 –10:10	Welcome & Introduction	Kate Burrows Chair - Better Together VCS Forum
10:10 -10:30	What is aging well and what does it mean?	Robyn Holmes, Chief Executive Officer  Age UK County Durham
10:30 - 10:50	Ageing Well in County Durham	Amanda Healy Director of Public Health
11.50 - 11.10	Comfort Break & Networking	
11:15 - 12:15	Roundtable Discussions	All
12.15 -12.30	Plenary & next Steps	Kate Burrows
12.30	Networking & Close	